

# what **type** of skier are you?

## Determining your skier type is your responsibility!

Your skier type, height, weight, age and ski boot sole length are used by the shop to determine the visual indicator settings of your ski bindings. Be sure to provide accurate information, as any error may increase your risk of injury. Consult these descriptions to select your classification:

**TYPE**  
**1**



### Cautious Skiling on Smooth Slopes of Gentle to Moderate Pitch

- Receive lower than average release/retention settings. This corresponds to an increased risk of inadvertent binding release in order to gain releasability in a fall.
- Type 1 settings apply to entry-level skiers uncertain of their classification.

**TYPE**  
**2**



### Average Skiling not Classified as Type 1 or Type 3

- Skiers who designate themselves as Type 2 receive average release/retention settings appropriate for most recreational skiing.
- Type 2 skiers are skiers who do not meet the descriptions of Type 1 or Type 3 skier types.

**TYPE**  
**3**



### Fast Skiling on Slopes of Moderate to Steep Pitch

- Receive higher than average release/retention settings. This corresponds to a decreased releasability in a fall in order to gain a decreased risk of inadvertent binding release.
- This classification is not recommended for skiers 47lb (21kg) and under.

**TYPE**  
**1-**

For skiers who desire visual indicator settings lower than settings for a Type 1 skier.

**TYPE**  
**3+**

For skiers who desire visual indicator settings higher than settings for a Type 3 skier.

Although the shop technician may help you to record your choice on the appropriate form, the final decision of your release/retention settings is yours.

These descriptions are compatible with ASTM and ISO documents

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BE AWARE, SKI WITH CARE.

